Not Seas	sonally Adjusted Estimates by Local		
	March 2024	February 2024	March 2023
New Hampshire			
Labor Force	770,740	762,790	755,560
Employment	749,020	740,410	740,010
Unemployment	21,720	22,380	15,550
Rate	2.8%	2.9%	2.1%
Belknap County			
Labor Force	30,760	30,320	30,050
Employment	29,910	29,450	29,450
Unemployment	850	870	600
Rate	2.8%	2.9%	2.0%
Carroll County			
Labor Force	22,540	22,400	22,740
Employment	21,900	21,710	22,270
Unemployment	640	690	470
Rate	2.8%	3.1%	2.1%
Cheshire County			
Labor Force	39,450	38,640	38,880
Employment	38,360	37,480	38,050
Unemployment	1,090	1,160	830
Rate	2.8%	3.0%	2.1%
Coos County			
Labor Force	14,390	14,090	13,910
Employment	13,900	13,600	13,520
Unemployment	490	490	390
Rate	3.4%	3.5%	2.8%
Grafton County			
Labor Force	49,200	48,050	48,250
Employment	48,090	46,980	47,430
Unemployment	1,110	1,070	820
Rate	2.2%	2.2%	1.7%
Hillsborough County			
Labor Force	243,960	242,340	239,140
Employment	236,520	234,670	233,910
Unemployment	7,440	7,670	5,230
Rate	3.0%	3.2%	2.2%
Merrimack County			
Labor Force	83,730	82,470	81,940
Employment	81,780	80,490	80,600
Unemployment	1,950	1,980	1,340
Rate	2.3%	2.4%	1.6%
Rockingham County			
Labor Force	189,940	188,700	185,750
Employment	184,170	182,660	181,500
Unemployment	5,770	6,040	4,250
Rate	3.0%	3.2%	2.3%

Not Seasonally Aujus	ted Estimates by Locat		
	March 2024	February 2024	March 2023
Strafford County			
Labor Force	73,820	73,260	72,250
Employment	71,960	71,390	70,990
Unemployment	1,860	1,870	1,260
Rate	2.5%	2.6%	1.7%
Sullivan County			
Labor Force	22,970	22,520	22,660
Employment	22,440	21,990	22,290
Unemployment	530	530	370
Rate	2.3%	2.4%	1.6%
Belmont NH LMA			
Labor Force	10,910	10,710	10,710
Employment	10,610	10,400	10,490
Unemployment	300	310	220
Rate	2.8%	2.9%	2.0%
Berlin NH MicroNECTA			
Labor Force	6,210	6,080	6,000
Employment	6,000	5,860	5,820
Unemployment	210	220	180
Rate	3.4%	3.6%	3.0%
Charlestown NH LMA			
Labor Force	6,960	6,850	6,830
Employment	6,800	6,680	6,710
Unemployment	160	170	120
Rate	2.3%	2.5%	1.8%
Claremont, NH Micropolitan NECTA			
Labor Force	7,320	7,180	7,250
Employment	7,140	6,990	7,110
Unemployment	180	190	140
Rate	2.5%	2.6%	1.9%
Colebrook NH-VT LMA, NH Portion			
Labor Force	2,440	2,350	2,320
Employment	2,330	2,250	2,240
Unemployment	110	100	80
Rate	4.6%	4.4%	3.6%
Colebrook NH-VT LMA (NH & VT)			
Labor Force	3,040	2,950	2,890
Employment	2,900	2,820	2,790
Unemployment	140	130	100
Rate	4.5%	4.4%	3.4%
Concord NH MicroNECTA			
Labor Force	47,750	46,910	46,720
Employment	46,650	45,810	45,980
Unemployment	1,100	1,100	740
Rate	2.3%	2.4%	1.6%

Not Seasonally Auju	asted Estimates by Locat		
	March 2024	February 2024	March 2023
Conway NH-ME LMA, NH Portion			
Labor Force	11,660	11,640	11,920
Employment	11,350	11,310	11,700
Unemployment	310	330	220
Rate	2.7%	2.9%	1.9%
Conway NH-ME LMA (NH & ME)			
Labor Force	15,300	15,290	15,550
Employment	14,880	14,850	15,220
Unemployment	420	440	330
Rate	2.7%	2.9%	2.1%
Dover-Durham NH-ME MetroNECTA, NH Po	rtion		
Labor Force	73,820	73,260	72,250
Employment	71,960	71,390	70,990
Unemployment	1,860	1,870	1,260
Rate	2.5%	2.6%	1.7%
Dover-Durham NH-ME MetroNECTA (NH & I	ME)		
Labor Force	85,570	85,000	83,800
Employment	83,380	82,730	82,230
Unemployment	2,190	2,270	1,570
Rate	2.6%	2.7%	1.9%
Expanded Claremont, NH estimating area (p	reviously known as the Cla	remont-Newport NH LI	MA)
Labor Force	13,730	13,460	13,580
Employment	13,410	13,130	13,350
Unemployment	320	330	230
Rate	2.4%	2.5%	1.7%
Franklin NH LMA			
Labor Force	10,650	10,520	10,330
Employment	10,370	10,230	10,120
Unemployment	280	290	210
Rate	2.6%	2.7%	2.0%
Haverhill NH LMA			
Labor Force	3,300	3,220	3,240
Employment	3,190	3,110	3,150
Unemployment	110	110	90
Rate	3.2%	3.4%	2.7%
Hillsborough NH LMA			
Labor Force	8,560	8,350	8,510
Employment	8,370	8,160	8,370
Unemployment	190	190	140
Rate	2.2%	2.3%	1.6%
Hinsdale Town, NH Portion, Brattleboro VT-			
Labor Force	2,010	2,010	1,950
Employment	1,930	1,920	1,890
Unemployment	80	90	60
Rate	3.8%	4.5%	3.3%
**			2.3,0

Not Seasonally Adjusted	•		
	March 2024	February 2024	March 2023
Keene NH MicroNECTA			
Labor Force	25,020	24,450	24,770
Employment	24,350	23,760	24,310
Unemployment	670	690	460
Rate	2.7%	2.8%	1.9%
Laconia NH MicroNECTA			
Labor Force	11,500	11,360	11,170
Employment	11,170	11,030	10,930
Unemployment	330	330	240
Rate	2.9%	2.9%	2.1%
Lebanon NH-VT MicroNECTA, NH Portion			
Labor Force	24,940	24,470	24,540
Employment	24,420	23,960	24,190
Unemployment	520	510	350
Rate	2.1%	2.1%	1.4%
Lebanon NH-VT MicroNECTA (NH & VT)			
Labor Force	45,470	44,700	44,720
Employment	44,620	43,750	44,030
Unemployment	850	950	690
Rate	1.9%	2.1%	1.5%
Littleton NH-VT LMA, NH Portion			
Labor Force	13,090	12,910	12,750
Employment	12,750	12,570	12,500
Unemployment	340	340	250
Rate	2.6%	2.6%	2.0%
Littleton NH-VT LMA (NH & VT)			
Labor Force	13,950	13,760	13,580
Employment	13,580	13,390	13,310
Unemployment	370	370	270
Rate	2.6%	2.7%	2.0%
Manchester NH MetroNECTA			
Labor Force	123,080	122,280	120,350
Employment	119,710	118,840	118,050
Unemployment	3,370	3,440	2,300
Rate	2.7%	2.8%	1.9%
Meredith NH LMA			
Labor Force	6,950	6,850	6,850
Employment	6,760	6,660	6,730
Unemployment	190	190	120
Rate	2.7%	2.8%	1.8%
Nashua NH-MA NECTA Division, NH Portion			
Labor Force	168,770	167,980	165,880
Employment	163,360	162,380	162,000
Unemployment	5,410	5,600	3,880
Rate	3.2%	3.3%	2.3%
	3.270	3.370	2.570

Not Seasonally Adjusted E			March 2022
Nachus Alli MA NECTA Division (Alli C MA)	March 2024	February 2024	March 2023
Nashua NH-MA NECTA Division (NH & MA)	177.000	176.000	174 700
Labor Force	177,860	176,900	174,780
Employment	172,190	171,040	170,660
Unemployment Rate	5,670	5,860	4,120
New London NH LMA	3.2%	3.3%	2.4%
Labor Force	0.550	0.200	9 200
	8,550 8,350	8,380	8,390
Employment	200	8,170 210	8,240 150
Unemployment Rate	2.3%	2.5%	1.8%
	2.3%	2.3%	1.8%
Newport, NH LMA	C 410	C 200	C 220
Labor Force	6,410	6,290	6,330
Employment	6,270	6,140	6,240
Unemployment	140	150	90
Rate	2.2%	2.3%	1.5%
Pelham Town, NH Portion, Lowell-Billerica-Chelms			0.220
Labor Force	8,360	8,300	8,220
Employment	8,000	7,920	7,950
Unemployment	360	380	270
Rate	4.2%	4.6%	3.3%
Peterborough NH LMA	40.770	10.010	40.000
Labor Force	19,770	19,340	19,200
Employment	19,220	18,760	18,790
Unemployment	550	580	410
Rate	2.8%	3.0%	2.2%
Plymouth NH LMA			
Labor Force	18,000	17,440	17,610
Employment	17,600	17,060	17,310
Unemployment	400	380	300
Rate	2.2%	2.2%	1.7%
Portsmouth NH-ME MetroNECTA, NH Portion	64.440	60 700	50.400
Labor Force	61,140	60,720	59,180
Employment	59,570	59,100	58,060
Unemployment	1,570	1,620	1,120
Rate	2.6%	2.7%	1.9%
Portsmouth NH-ME MetroNECTA (NH & ME)			
Labor Force	78,900	78,500	76,420
Employment	76,890	76,330	74,900
Unemployment	2,010	2,170	1,520
Rate	2.5%	2.8%	2.0%
Raymond NH LMA			
Labor Force	15,330	15,170	14,890
Employment	14,920	14,740	14,570
Unemployment	410	430	320
Rate	2.7%	2.9%	2.1%

	March 2024	February 2024	March 2023
Salem Town, NH Portion, Lawrence-Methuen-Sal	em MA-NH NECTA Divisi	on	
Labor Force	19,140	19,020	18,950
Employment	18,460	18,300	18,420
Unemployment	680	720	530
Rate	3.6%	3.8%	2.8%
Seabrook-Hampstead Area, NH Portion, Haverhil	l-Newburyport-Amesbur	y MA-NH NECTA Divi	sion
Labor Force	40,380	40,070	39,720
Employment	38,930	38,530	38,630
Unemployment	1,450	1,540	1,090
Rate	3.6%	3.8%	2.7%
Wolfeboro NH LMA			
Labor Force	8,790	8,700	8,750
Employment	8,520	8,400	8,540
Unemployment	270	300	210
Rate	3.1%	3.4%	2.4%
Amherst Town			
Labor Force	6,370	6,340	6,260
Employment	6,200	6,160	6,150
Unemployment	170	180	110
Rate	2.6%	2.8%	1.7%
Atkinson Town			
Labor Force	4,140	4,110	4,070
Employment	3,990	3,950	3,960
Unemployment	150	160	110
Rate	3.6%	3.8%	2.7%
Barrington Town			
Labor Force	5,370	5,340	5,260
Employment	5,230	5,190	5,160
Unemployment	140	150	100
Rate	2.6%	2.7%	1.9%
Bedford Town			
Labor Force	12,450	12,350	12,220
Employment	12,160	12,070	11,990
Unemployment	290	280	230
Rate	2.4%	2.3%	1.9%
Belmont Town			
Labor Force	3,510	3,450	3,450
Employment	3,400	3,340	3,370
Unemployment	110	110	80
Rate	3.0%	3.3%	2.4%
Berlin City			
Labor Force	3,710	3,620	3,580
Employment	3,570	3,490	3,470
Unemployment	140	130	110
Rate	3.7%	3.6%	3.0%

	Not Seasonally Adjusted Estil	March 2024		March 2023
Pow Town		IVIAICII 2024	February 2024	IVIAICII 2023
Bow Town Labor Force		4,530	4,450	4,420
Employment		4,420	4,430	4,360
Unemployment		110	110	60
Rate		2.4%	2.4%	1.4%
Charlestown Town		2.470	2.470	1.470
Labor Force		2,780	2,730	2,730
Employment		2,730	2,660	2,680
Unemployment		70	70	50
Rate		2.5%	2.5%	1.9%
Claremont City		2.370	2.570	1.570
Labor Force		6,440	6,320	6,380
Employment		6,280	6,150	6,250
Unemployment		160	170	130
Rate		2.5%	2.6%	2.0%
Colebrook Town		2.370	2.070	2.070
Labor Force		1,090	1,060	1,050
Employment		1,050	1,020	1,010
Unemployment		40	40	40
Rate		3.9%	3.8%	4.1%
Concord City		3.370	3.070	4.170
Labor Force		22,820	22,430	22,340
Employment		22,290	21,890	21,970
Unemployment		530	540	370
Rate		2.3%	2.4%	1.7%
Conway Town		2.070	,	
Labor Force		5,090	5,090	5,210
Employment		4,960	4,940	5,110
Unemployment		130	150	100
Rate		2.6%	2.9%	1.8%
Derry Town				
Labor Force		20,370	20,280	20,030
Employment		19,690	19,570	19,520
Unemployment		680	710	510
Rate		3.3%	3.5%	2.5%
Dover City				
Labor Force		18,730	18,590	18,340
Employment		18,280	18,140	18,030
Unemployment		450	450	310
Rate		2.4%	2.4%	1.7%
Durham Town				
Labor Force		8,960	8,850	8,740
Employment		8,760	8,690	8,640
Unemployment		200	160	100
Rate		2.2%	1.8%	1.1%
		/0	2.070	1.1/0

	March 2024	February 2024	March 2023
Epping Town		Tebluary 2024	— IVIAI CII 2023
Labor Force	4,360	4,350	4,230
Employment	4,230	4,200	4,120
Unemployment	130	150	110
Rate	3.0%	3.3%	2.5%
Exeter Town	3.070	3.370	2.570
Labor Force	8,960	8,880	8,670
Employment	8,720	8,650	8,500
Unemployment	240	230	170
Rate	2.7%	2.6%	2.0%
Farmington Town	2.1776	2.070	2.070
Labor Force	3,650	3,620	3,560
Employment	3,530	3,500	3,480
Unemployment	120	120	80
Rate	3.2%	3.4%	2.2%
Franklin City	3.2%	3.170	2.2,0
Labor Force	4,050	4,000	3,920
Employment	3,930	3,880	3,840
Unemployment	120	120	80
Rate	2.8%	3.0%	2.0%
Gilford Town			
Labor Force	3,670	3,630	3,580
Employment	3,570	3,530	3,500
Unemployment	100	100	80
Rate	2.7%	2.7%	2.2%
Goffstown Town			
Labor Force	10,800	10,710	10,570
Employment	10,540	10,460	10,390
Unemployment	260	250	180
Rate	2.4%	2.4%	1.7%
Hampstead Town			
Labor Force	5,110	5,070	5,030
Employment	4,930	4,880	4,890
Unemployment	180	190	140
Rate	3.4%	3.8%	2.7%
Hampton Town			
Labor Force	9,490	9,480	9,180
Employment	9,210	9,140	8,980
Unemployment	280	340	200
Rate	3.0%	3.6%	2.2%
Hanover Town			
Labor Force	4,890	4,790	4,790
Employment	4,770	4,680	4,720
Unemployment	120	110	70
	2.5%	2.2%	1.5%

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Haverhill Town			·	
Labor Force		2,250	2,190	2,200
Employment		2,180	2,120	2,150
Unemployment		70	70	50
Rate		3.1%	3.3%	2.4%
Hillsborough Town				
Labor Force		3,040	2,970	3,030
Employment		2,970	2,900	2,970
Unemployment		70	70	60
Rate		2.1%	2.3%	2.0%
Hollis Town				
Labor Force		4,370	4,350	4,310
Employment		4,240	4,220	4,210
Unemployment		130	130	100
Rate		2.9%	2.9%	2.2%
Hooksett Town				
Labor Force		9,350	9,280	9,140
Employment		9,130	9,070	9,010
Unemployment		220	210	130
Rate		2.4%	2.3%	1.4%
Hudson Town				
Labor Force		15,260	15,180	14,960
Employment		14,690	14,600	14,560
Unemployment		570	580	400
Rate		3.7%	3.8%	2.6%
Keene City				
Labor Force		10,980	10,720	10,880
Employment		10,700	10,440	10,680
Unemployment		280	280	200
Rate		2.6%	2.6%	1.8%
Kingston Town				
Labor Force		3,790	3,780	3,750
Employment		3,680	3,650	3,650
Unemployment		110	130	100
Rate		3.0%	3.3%	2.6%
Laconia City				
Labor Force		7,820	7,740	7,590
Employment		7,590	7,500	7,430
Unemployment		230	240	160
Rate		2.9%	3.1%	2.1%
Lebanon City				
Labor Force		7,590	7,450	7,470
Employment		7,440	7,300	7,370
Unemployment		150	150	100
Rate		2.0%	2.1%	1.4%

	March 2024	February 2024	March 2023
Litchfield Town			
Labor Force	4,820	4,800	4,740
Employment	4,680	4,650	4,640
Unemployment	140	150	100
Rate	3.0%	3.1%	2.0%
Littleton Town			
Labor Force	3,240	3,180	3,150
Employment	3,160	3,110	3,090
Unemployment	80	70	60
Rate	2.6%	2.3%	1.9%
Londonderry Town			
Labor Force	16,200	16,090	15,920
Employment	15,700	15,610	15,570
Unemployment	500	480	350
Rate	3.1%	3.0%	2.2%
Manchester City			
Labor Force	65,560	65,190	64,000
Employment	63,510	63,050	62,640
Unemployment	2,050	2,140	1,360
Rate	3.1%	3.3%	2.1%
Meredith Town			
Labor Force	2,970	2,920	2,930
Employment	2,880	2,830	2,870
Unemployment	90	90	60
Rate	2.9%	2.9%	2.0%
Merrimack Town			
Labor Force	17,160	17,060	16,870
Employment	16,690	16,590	16,550
Unemployment	470	470	320
Rate	2.7%	2.8%	1.9%
Milford Town			
Labor Force	9,820	9,770	9,690
Employment	9,590	9,530	9,510
Unemployment	230	240	180
Rate	2.3%	2.5%	1.8%
Nashua City			
Labor Force	51,040	50,830	50,150
Employment	49,190	48,900	48,780
Unemployment	1,850	1,930	1,370
Rate	3.6%	3.8%	2.7%
New London Town			
Labor Force	1,760	1,730	1,720
Employment	1,710	1,680	1,690
Unemployment	50	50	30
Rate	2.7%	2.7%	1.7%

NOT Seasona	ily Adjusted Estimates by Locat		
	March 2024	February 2024	March 2023
Newmarket Town			
Labor Force	5,940	5,880	5,740
Employment	5,800	5,750	5,650
Unemployment	140	130	90
Rate	2.4%	2.2%	1.5%
Newport Town			
Labor Force	3,600	3,540	3,560
Employment	3,530	3,460	3,510
Unemployment	70	80	50
Rate	2.0%	2.2%	1.5%
Pelham Town			
Labor Force	8,360	8,300	8,220
Employment	8,000	7,920	7,950
Unemployment	360	380	270
Rate	4.2%	4.6%	3.3%
Pembroke Town			
Labor Force	4,510	4,500	4,430
Employment	4,400	4,370	4,340
Unemployment	110	130	90
Rate	2.4%	2.9%	2.0%
Peterborough Town			
Labor Force	3,970	3,870	3,840
Employment	3,870	3,780	3,780
Unemployment	100	90	60
Rate	2.5%	2.4%	1.5%
Plaistow Town			
Labor Force	4,310	4,270	4,200
Employment	4,090	4,050	4,060
Unemployment	220	220	140
Rate	5.1%	5.2%	3.4%
Plymouth Town			
Labor Force	3,780	3,650	3,690
Employment	3,690	3,580	3,630
Unemployment	90	70	60
Rate	2.4%	2.0%	1.5%
Portsmouth City			
Labor Force	14,100	13,990	13,660
Employment	13,760	13,660	13,410
Unemployment	340	330	250
Rate	2.4%	2.4%	1.8%
Raymond Town			-,-
Labor Force	6,440	6,370	6,240
Employment	6,240	6,160	6,090
Unemployment	200	210	150
Rate	3.2%	3.3%	2.4%
	3.270	3.370	2.770

	Not Seasonally Adjusted Estimates by Location of Residence		
	March 2024	February 2024	March 2023
Rochester City			
Labor Force	17,820	17,690	17,410
Employment	17,340	17,200	17,100
Unemployment	480	490	310
Rate	2.7%	2.8%	1.8%
Salem Town			
Labor Force	19,140	19,020	18,950
Employment	18,460	18,300	18,420
Unemployment	680	720	530
Rate	3.6%	3.8%	2.8%
Sandown Town			
Labor Force	4,320	4,280	4,220
Employment	4,180	4,130	4,140
Unemployment	140	150	80
Rate	3.2%	3.4%	1.9%
Seabrook Town			
Labor Force	5,110	5,060	5,040
Employment	4,890	4,840	4,850
Unemployment	220	220	190
Rate	4.3%	4.4%	3.7%
Somersworth City			
Labor Force	6,840	6,800	6,720
Employment	6,670	6,620	6,580
Unemployment	170	180	140
Rate	2.4%	2.6%	2.1%
Stratham Town			
Labor Force	4,710	4,660	4,550
Employment	4,600	4,560	4,480
Unemployment	110	100	70
Rate	2.3%	2.1%	1.5%
Swanzey Town			
Labor Force	3,880	3,770	3,830
Employment	3,780	3,680	3,770
Unemployment	100	90	60
Rate	2.6%	2.4%	1.6%
Weare Town			
Labor Force	6,020	5,990	5,920
Employment	5,910	5,870	5,830
Unemployment	110	120	90
Rate	1.8%	1.9%	1.5%
Windham Town	=.576	-1,-	376
Labor Force	8,170	8,130	8,000
Employment	7,900	7,850	7,830
Unemployment	270	280	170
Rate	3.3%	3.5%	2.2%
nace	3.370	3.570	2.2/0

	March 2024	February 2024	March 2023
Wolfeboro Town			
Labor Force	2,760	2,730	2,750
Employment	2,680	2,650	2,690
Unemployment	80	80	60
Rate	2.8%	3.0%	2.0%

US and New England States Unemployment Rates				
	March 2024	February 2024	March 2023	
UNITED STATES	3.9%	4.2%	3.6%	
New England	3.6%	4.1%	3.4%	
Connecticut	4.2%	5.4%	3.7%	
Maine	3.2%	3.9%	3.0%	
Massachusetts	3.5%	3.7%	3.7%	
New Hampshire	2.8%	2.9%	2.1%	
Rhode Island	4.2%	5.4%	3.1%	
Vermont	2.1%	2.6%	2.1%	

Prepared by:

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